

Gator Athletic Training

Memo

To: Parent/ Guardian & Football Player
From: Seth H. Fogler, Head Certified Athletic Trainer
Date: 6/28/2012
Re: Helmet Warning

The following is a copy of the **WARNING** label attached to every football helmet worn by the members of the FHSAA. It is important that you read and fully understand the contents of this warning. Please read the following carefully.

Warning!!!

Keep your head up. Do not butt, ram, spear, or strike an opponent with any part of this helmet or faceguard. This is a violation of football rules and may cause you to suffer severe brain or neck injury, including paralysis or death and possible injury to your opponent. Contact in football may result in Concussion/Brain Injury which no helmet can prevent. Symptoms include: loss of consciousness or memory, dizziness, headache, nausea or confusion. If you have symptoms, immediately stop and report them to your coach, athletic trainer, and parents. Do not return to a game or contact until all symptoms are gone and you receive medical clearance. Ignoring this warning may lead to another and more serious or fatal brain injury.

NO HELMET SYSTEM CAN PROTECT YOU FROM SERIOUS BRAIN AND/OR NECK INJURIES INCLUDING PARALYSIS OR DEATH. TO AVIOD THESE RISKS, DO NOT ENGAGE IN THE SPORT OF FOOTBALL!